

## BASIC SELF-MANAGEMENT EDUCATION – ROUTINE VISITS - PEDIATRIC PATIENTS

	Date	Comments – Update Yearly for All
<b>Lifestyle review:</b> (tobacco, alcohol, stress, depression, birth control, pre-pregnancy counseling, physical activity)		
<b>Sick day management &amp; Urine ketone testing</b>		
<b>Medication administration</b>		
<b>Self blood glucose monitoring</b>		
<b>Hypoglycemia treatment</b>		80-180 mg/dl pre-meals; ≤200 mg/dl at bedtime
<b>Nutrition management</b>		
<b>Foot care (separate sheet)</b>		
<b>Eye care (separate sheet)</b>		
<b>Dental Care (separate sheet)</b>		
<b>Nephropathy</b>		
<b>Neuropathy</b>		
<b>Hypertension (high blood pressure)</b>		
<b>Formal Self-Management Diabetes Education</b>		