

Name: \_\_\_\_\_

# COMPREHENSIVE FOOT EXAMS

**Complications:** (circle if present):  
 Retinopathy    Neuropathy  
 Kidney    Cardiac    Vascular  
 Stroke

**Hansen's Disease Center (HDC)  
 Risk Categories:**

**Category 0** - no loss of protective sensation; very low risk of foot complications.

**Category 1** - loss of protective sensation; no weakness, deformity, callus, pre-ulcer or history of ulceration; intermediate, low-grade risk of foot complications.

**Category 2** - loss of protective sensation and any weakness, deformity, callus, or pre-ulcer, but no history of ulceration; intermediate, high-grade risk of foot complications.

**Category 3** - history of plantar ulceration or ischemic index less than 0.45; high risk of foot complications.

**Label each site on the feet to indicate patient responses to applications of the 5.07 monofilament. Indicate presence (+) or absence (-) of sensory perception.**

**Label the following:**

- R-Redness            S-Swelling
- W-Warmth            D-Dryness
- M-Maceration        P-Pulses

Indicate the following by drawing in marks as shown below. For ulcers, provide an estimate of volume in cubic centimeters (cm<sup>3</sup>) beside each.

Callus	Pre-Ulcer	Ulcer
□	▨	■
□	▨	■
□	▨	■
□	▨	■



Date: \_\_\_\_\_ Risk Category: \_\_\_\_\_

RIGHT LEFT

Date: \_\_\_\_\_ Risk Category: \_\_\_\_\_

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